# Active Travel: Transforming Australia's cities

**Bike Futures Conference** 13 October 2011, Melbourne

**Sara Stace**Major Cities Unit, Sydney



## **The Problem**

- Cities dominated by cars since 1950s
- Cycling + walking marginalised
- Change is very slow
- Need a major game change in our strategic thinking



# The Challenge

How can active transport save **\$1 billion** for the state + federal budgets?



# **AUSTRALIAN** CYCLING

An economic overview

#### CONGESTION

## \$13 billion

Congestion is projected to cost Australia \$13 billion in 2011(1). 50% of car trips are less than 5 km.



#### **ENVIRONMENT**

#### \$9.6 billion

Car trips cost 5.9¢ a km in CO2, air, water and noise pollution (2a). In 2010 we drove cars more than 163 million



#### **CYCLE TOURISM**

## \$254 million

\$254 million a year in Australia(4)



#### **INFRASTRUCTURE**

#### \$40 million

package generated \$60 million of local govt investment, and created 600km of bike paths and 1314 jobs<sup>(8)</sup>.



The National Cycling Strategy aims to double the numbers of

# Australians riding by 2016.

#### **INACTIVITY**

Inactivity costs Australia \$13.8 billion a year (5). Everyday cycling can provide recommended activity levels and reduce this cost.

#### **PARTICIPATION**

#### 4 million

18% of Australians cycle in a typical week, 1.6 million use their bikes for transport (7).



#### **MARKET**

00

Bike and accessories are worth \$1 billion a year, generating \$100 million gst revenue<sup>(3)</sup>.



#### **EMPLOYMENT**

10,000

The Australian bicycle industry employs 10,000 people and generates \$139 million income tax revenue (3).

#### LOCAL BIKE SHOP



#### **WORK PERFORMANCE**

#### \$61.9 million

Regular bicycle riders take one less sick day than non-riders (6a), saving



#### **OWNERSHIP**

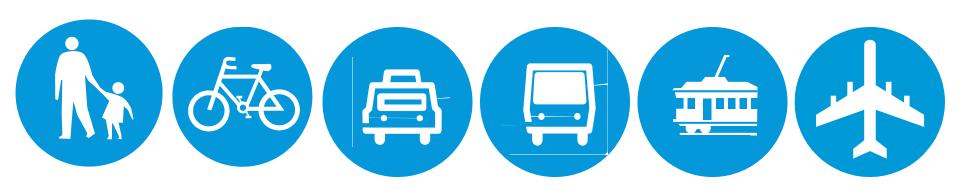
# .2 million households

More than half of Australian households<sup>(7)</sup> have at least one



## **The Solution**

 Active travel is part of a whole system of land use and transport



## **The Solution**

# 2. Active travel is healthy



## **The Solution**

# 3. Design is imperative

- √ 1.5km walking + 5km cycling networks
- ✓ Comfortable for children + women
- ✓ Reduce conflicts between vehicles, bicycles + pedestrians







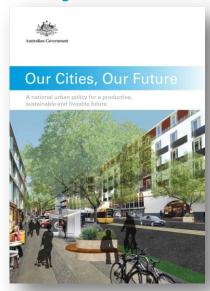
## **Outline**

- National context
- Problems in our major cities
- Active travel as a solution

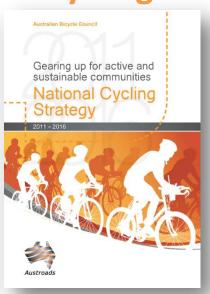


## **National context**

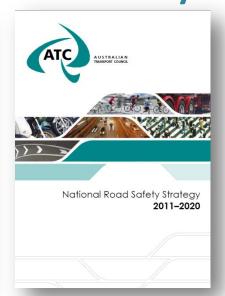
# **Major Cities**



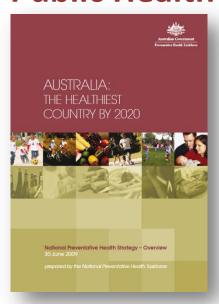
# **Cycling**



## **Road Safety**



## **Public Health**



Reduce dependence on cars + improve transport options Double rate of participation in cycling by 2016

Reduce road deaths + serious injuries by 30% by 2020

Reverse overweight + obesity trends by 2020

through daily physical activity

# Symptoms of unsustainable transport

# **Productivity**

- × Congestion
- × Healthcare costs
- Loss of life + productivity

# **Sustainability**

- × Resource use (inc petrol)
- × Emissions

# Liveability

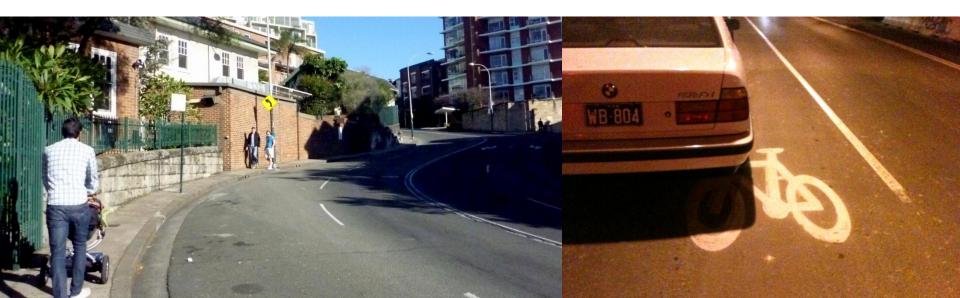
- Inactivity + related illness
- × Safety
- × Loss of community
- × Mental health





# **Underlying Causes**

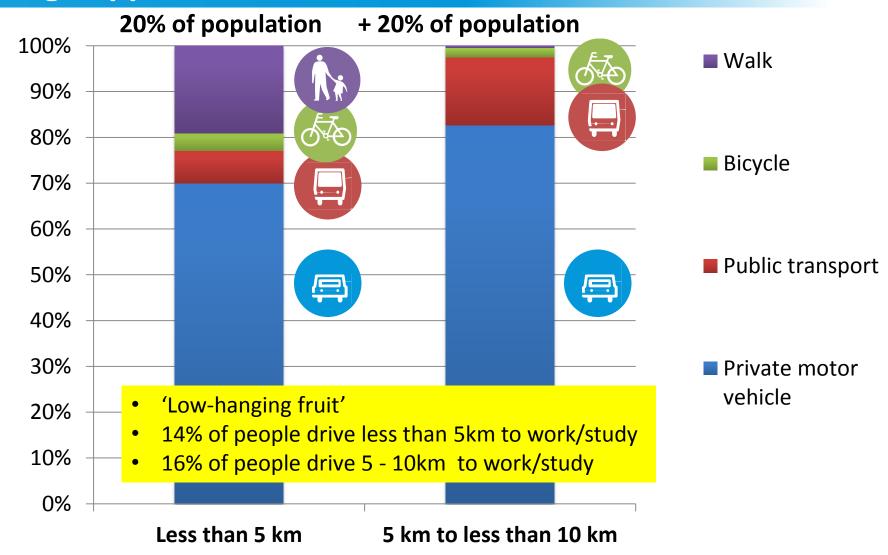
- Cities designed for cars
- Land use sets travel demand
- Attitude



Let's create a major turnaround for Australia



# **Huge opportunities**



## Proportion of commutes to work/study by distance and mode

## **Priorities**

- 1. Leadership
- 2. Understand the whole system
- 3. Concerted effort
- 4. Public health
- 5. Evidence













# Think strategically

# Portfolio management

Land use, whole of transport network + financing

# **Asset management + coordination**

Sections of transport system (bus, train, car, cycling, walking)

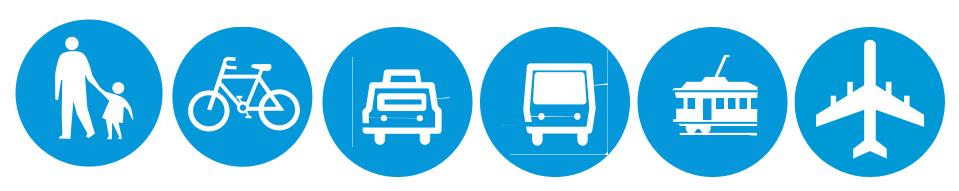
## Technical issues + maintenance

Specific components in a section (eg. intersections + roundabouts)

# Think strategically

# Understand the whole system

- Land use
- Transport
- Public health
- + work within the strategic context



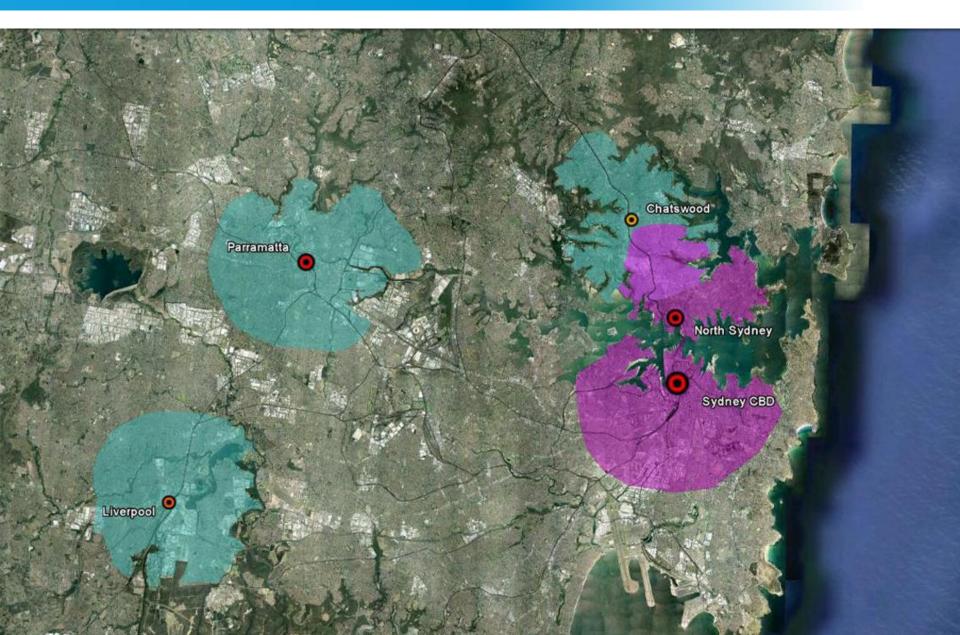
# Sydney – 5km from CBD



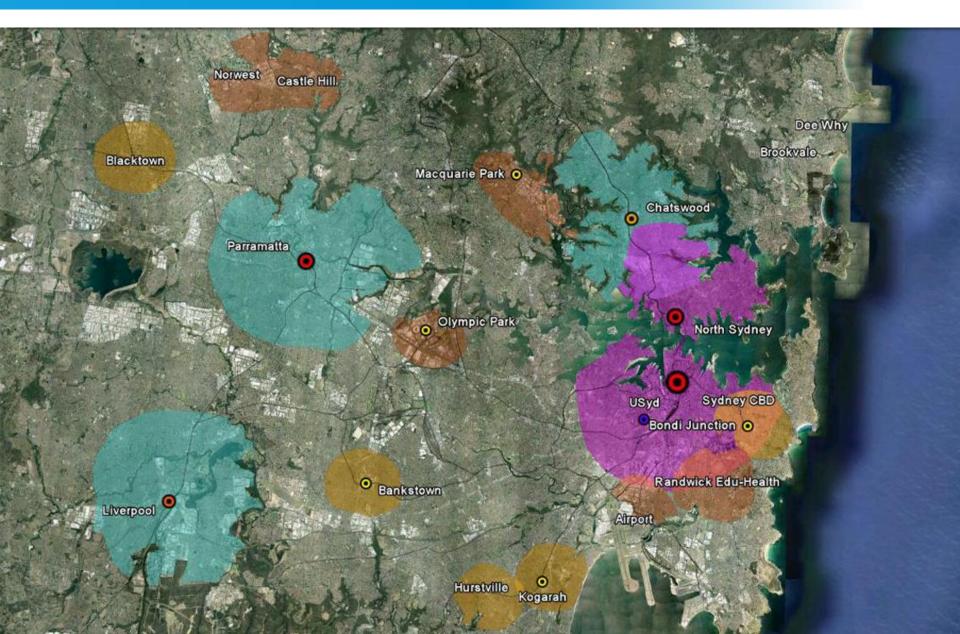
# Sydney – 5km from CBD and North Sydney



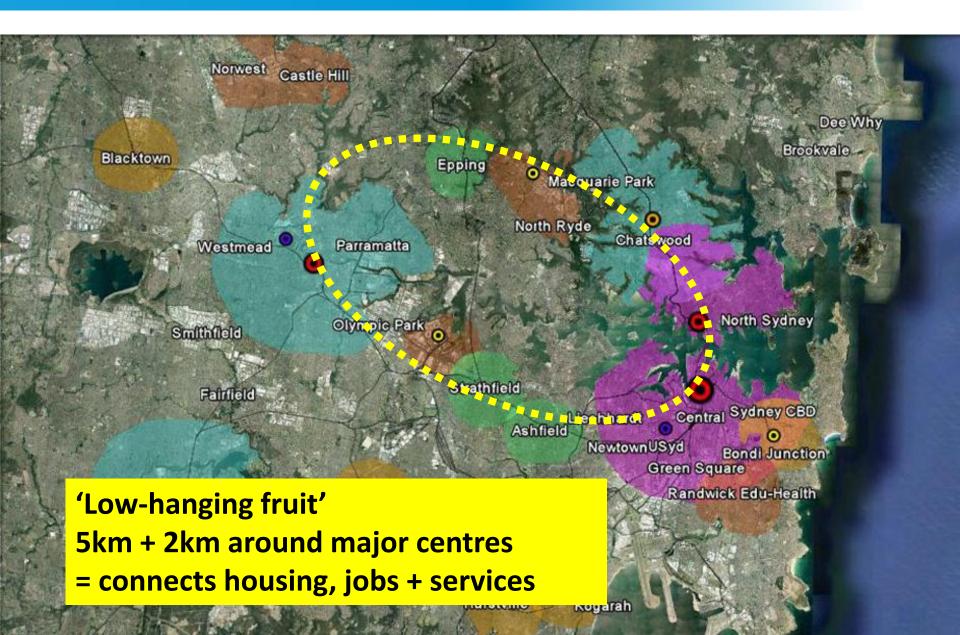
# **Sydney – 5km around 'Regional Cities'**



# 2km around Major + Specialised Centres



# **Sydney – Complete network**



# Clear message and coordinated approach

- Coordinated, multi-disciplinary approach
- Clear, focused message
- Evidence base
- Understand + communicate the co-benefits

































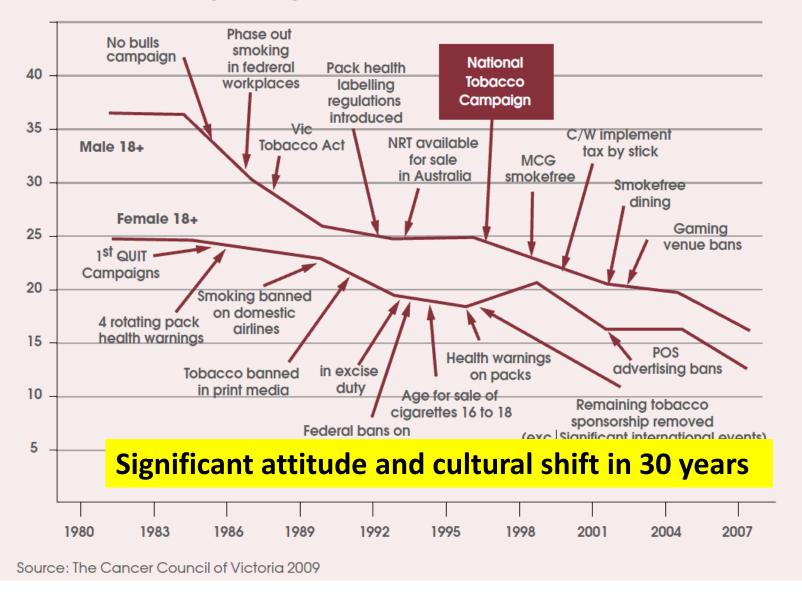




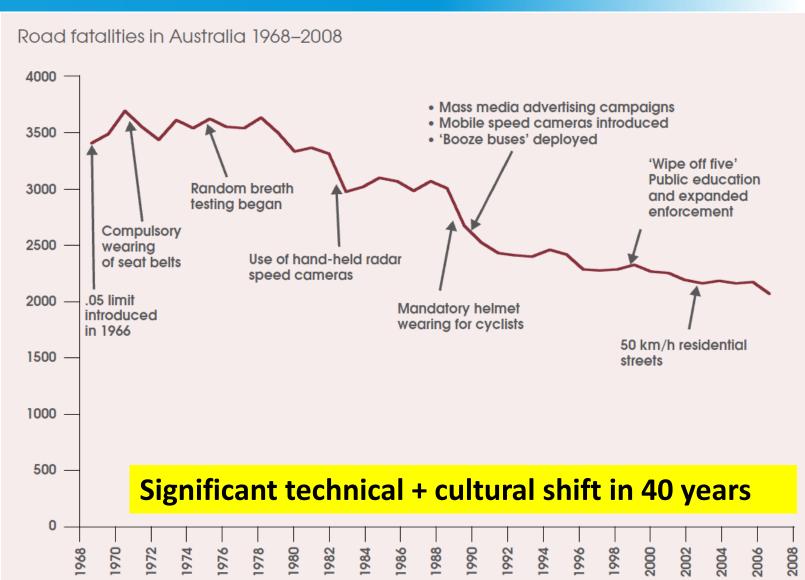


# **Case Study: Smoking**

Milestones in reducing smoking in Australia 1980–2007



# **Case Study: Road fatalities**



Source: Transport Accident Commission 2009

# Clear message and coordinated approach

### **CO-BENEFITS:**

- ✓ 1. Transport solution
- ✓ 2. Public Health solution
- ✓ 3. Environment

## **ACTIONS:**

- ✓ 2-5km comprehensive networks
- ✓ Design for children and women
- ✓ Reduce conflicts between vehicles, bicycles + pedestrians

# The Challenge

How does active travel save \$1 billion for state + federal

budgets?



- Healthcare costs
- Spend on road infrastructure
- Environmental damage
- Productivity